

# ANASTASIA LOGINOVA

## Investigating nature

I am an artist, curator and yogi. In my artistic practice, my interests lie in engaging with the natural world and learning from it. I use my body as a vessel to connect with other entities and beings. Currently my focus is on plants. Spending an extended amount of time in the plant kingdom allows me to become like them and hear what they have to say. In the project Lek Art in Culemborg I read to water. My performances usually take place in public space and take on a meditative and durational character through the act of reading, cooking and other collective rituals. All actions have to do with the ecology of mind and body. In today's busy world, my practice involves in engaging the self with activities which aim to take a step back, find a pause and reconnect. This comes from a deep desire to stop the internal mental thought process and find inner peace. It is not only humans who can speak. "Something deeply personal becomes Universal" - Boukje Schweigman

## WEBSITES

[www.lloginova.com](http://www.lloginova.com)

## MEMBER OF ARTISTS' INITIATIVE/COLLECTIVE/INCUBATOR

Locating ArtScience

## EDUCATION

2018 - 2018	The Creative Mind - honours program Leiden Universiteit
2017 - 2017	pedagogic singing lessons Koninklijk conservatorium Den Haag
2016 - 2019	Bachelor of ArtScience Den Haag, Koninklijke Academie van Beeldende Kunsten
2011 - 2013	Master of Art Art Business
2004 - 2007	Art History BA

## EXHIBITIONS

2020	Lek Art Jong Talent Werk aan het Spoel Culemborg, Netherlands UPCOMING: Lek Art Air Residency presentation weekend mini festival of recent graduates and young artists performances. Sept 26 & 27 2020 <a href="#">N/A yet Group</a>
2019	KABK Graduation Festival 2019 KABK The Hague, Netherlands Graduation Festival KABK July 2019, Bachelor Presentation Flow - cooking cabbage soup and sharing it to the guests. Social intervention piece <a href="http://www.kabk.nl/agenda/graduation-festival-2019">www.kabk.nl/agenda/graduation-festival-2019</a> Group
2019	UNEXPECTED SMELLS de Electricitaetsfabriek Den Haag, Netherlands ArtScience Preview show May 10 - 12th 2019. Organized by ArtScience Graduates under the leadership of Anastasia Loginova. My work "Investigating My Abyss" - 8 x 8m projection of a waterfall, looping on slow motion. First large waterfall in The Hague. <a href="http://stichting.interfaculty.nl/">stichting.interfaculty.nl/</a> Group
2019	Mythocracy NEST The Hague, Netherlands Students of the Royal Academy of Art The Hague respond to the exhibition History is His Story, which focuses on the ideas of musician, poet and visionary Sun Ra. They question the role of speculative realities and mythology in contemporary society. Group show of selected KABK students at NEST. <a href="http://nestruimte.nl/exhibition/mythocracy/">nestruimte.nl/exhibition/mythocracy/</a> Group
2019	Talking and Listening to Plants, Night Garden 07 Mediamatic Amsterdam, Netherlands This Night Garden presents Anastasia Loginova's lecture about reading to plants, Michal Mitro's interactive plant-based sound/light installation followed by live music from Tony Guarino. For this event, Anastasia will give a lecture on how she experienced talking and reading to plants. After her lecture, she will screen the premiere of Cabbage-the Movie, a short film made in collaboration with Raphael Fischer-Dieskau. She read to cabbages at Mediamatic last year as part of the

- Russian Old New Year Celebration. Anastasia Loginova was born in Cuba to Russian parents and raised in Cyprus. In her performances she likes to use her body as vessel to communicate with different beings and connect different worlds.  
[www.mediamatic.net/en/page/373146/talking-and-listening-to-plants](http://www.mediamatic.net/en/page/373146/talking-and-listening-to-plants)  
Group
- 2019 SPECTER V2 Lab for Unstable Media Rotterdam  
Contributing artist. Specter's first edition will take place during Summer Solstice 2019 at V2\_Lab for the Unstable Media in Rotterdam, hosting a cross-disciplinary dialogue between scholars from scientific and artistic fields, (digital) designers, technologists, scientists and healers. [v2.nl/events/specter-v2](http://v2.nl/events/specter-v2)  
Group
- 2018 Reading Tolstoy to Cabbages Mediamatic Amsterdam, Netherlands How do cabbages like Tolstoj? Come and find out during this performance, amidst Mediamatic's vegetable pyramids. Anastasia Loginova reads Tolstoj and connects to the plants. Come and join this Russian Old New Year celebration amidst cabbage stacks, classic Shchi and Russian tunes. January 2018  
[www.mediamatic.net/nl/page/369560/reading-tolstoj-to-cabbages-russian-old-new-year-celebration](http://www.mediamatic.net/nl/page/369560/reading-tolstoj-to-cabbages-russian-old-new-year-celebration)  
Solo
- 2018 Opening Credits The Grey Space in The Middle The Hague, Netherlands ArtScience 3rd year Preview Show organised by ArtScience 3rd year group 2018 -2019. My work - "Love is the Motor of Everything" - pink installation with pink wall, pink crystal, pink text and pink opening drink potion to put visitors into good mood with rose petals  
[thegreyspace.net/events/%F0%9F%94%99-%F0%9F%94%9Bopening-credits-kabk-artscience/](http://thegreyspace.net/events/%F0%9F%94%99-%F0%9F%94%9Bopening-credits-kabk-artscience/)  
Group
- 2018 Noititeper De Fabriek Eindhoven, Netherlands Art Science students in residency during one week starting 5th of March. <https://vimeo.com/259583880>  
[www.defabriekeindhoven.com/exhibition/noititeper-arts-science-den-haag/](http://www.defabriekeindhoven.com/exhibition/noititeper-arts-science-den-haag/)  
Group
- 2017 Garden As Lab Hortus Botanicus Leiden, Netherlands During Tuin als Lab (2017), five aspiring artists exhibited in the botanical gardens with work inspired by communication with and through plants. All five study at the Royal Academy of Art in The Hague (ArtScience and Interactive Media Design departments). The artworks were on display in various botanical gardens.  
[www.botanischetuinen.nl/tuinalslab/tuin-als-kunstlab/literatuur-in-de-tuin/](http://www.botanischetuinen.nl/tuinalslab/tuin-als-kunstlab/literatuur-in-de-tuin/)  
Group
- 2014 FESTIVAL OF FUTURE NOWS Neue Nationalgalerie Berlin, Germany From October 30th to November 1st, 2014, the Festival of Future Nows brings together performances, sculptures, talks, and installations by 100 artists, who have been part of the past five years of program of the Institut für Raumexperimente at the Berlin University of the Arts. The festival will be held within the David Chipperfield exhibition Sticks and Stones at the Neue Nationalgalerie in Berlin.  
<https://futurenows.net/2014/raumexperimente.net/en/single/festival-of-future->

## PROJECTS

2021 Venus Rising Paphos, Cyprus [N/A yet](#)  
Research into the Great Mother and archetypal Goddess of women in Cyprus - Aphrodite. Planning of feminine & energy exchange between Netherlands and Cyprus in the form of retreat. 2021

## REVIEWS

2018 Reading to plants helps me fight my anxiety  
Website Natalie Ktena for BBC 3 London, United Kingdom  
[www.bbc.co.uk/bbcthree/article/d0d1eda4-354a-4625-aaa7-18945043665b?ns\\_campaign=bbc-three&ns\\_mchannel=social&ns\\_source=twitter&ns\\_linkname](http://www.bbc.co.uk/bbcthree/article/d0d1eda4-354a-4625-aaa7-18945043665b?ns_campaign=bbc-three&ns_mchannel=social&ns_source=twitter&ns_linkname)  
Article / interview for the BBC 3 investigating my performance of reading to plants in relation to mental health and benefits

2018 Artist reads Tolstoy ... to 10,000 kilos of cabbage Newspaper Steffi Posthumus Amsterdam, Netherlands  
[www.parool.nl/nieuws/kunstenares-leest-tolstoj-voor-aan-10-000-kilo-kool~be446ee2/](http://www.parool.nl/nieuws/kunstenares-leest-tolstoj-voor-aan-10-000-kilo-kool~be446ee2/) Article in Het Parool about my performance reading to cabbages in Mediamatic.

2018 Artist 'researches whether plants are just as affected by language as people'. Reads to cabbage Website GeenStijl Amsterdam, Netherlands  
[www.geenstijl.nl/5140200/koekerdekoekkoekiekoekkoekoe](http://www.geenstijl.nl/5140200/koekerdekoekkoekiekoekkoekoe)  
Review and commentary of my performance reading to cabbages at Mediamatic by GeenStijl

2017 There is too little knowledge about plants Newspaper Till Behne for AD Delft Delft / The Hague, Netherlands [www.ad.nl/den-haag/de-olijfboom-is-dol-op-tolstoj-de-palm-vindt-het-niks~afc80a7f/](http://www.ad.nl/den-haag/de-olijfboom-is-dol-op-tolstoj-de-palm-vindt-het-niks~afc80a7f/) Interview / article about my project in the Leiden Hortus reading to and communicating with plants. Printed in the AD Delft / The Hague newspaper

2017 Reading to Plants Newspaper Jorien van der Keijl Leiden, Netherlands  
[www.leidschdagblad.nl/cnt/dmf20180926\\_10909044/voor-aan-planten-in-leidse-hortus?utm\\_source=google&utm\\_medium=organic](http://www.leidschdagblad.nl/cnt/dmf20180926_10909044/voor-aan-planten-in-leidse-hortus?utm_source=google&utm_medium=organic)  
Leidsch Dagblad came to interview me for their paper during my performance period in the Botanicus Hortus in Leiden.

2017 Communicating with Trees: research by student Anastasia TV AD Amsterdam, Netherlands  
[www.ad.nl/binnenland/bomenknuffelaar-ik-wil-vrienden-worden-met-de-bomen~vabda277d/](http://www.ad.nl/binnenland/bomenknuffelaar-ik-wil-vrienden-worden-met-de-bomen~vabda277d/) Student Anastasia Loginova reads books to plants. Loginova started this weekend with the project 'communicating with plants' in the botanical garden of Leiden. The student of the Royal Academy of Art in The Hague is participating in a study to see how plants communicate, move and respond. Besides

reading aloud, she loves to cuddle trees.  
Anastasia feels good energies, love and tranquility in trees. The AD came to make a short film about my project. You can see it here:  
<https://www.ad.nl/binnenland/bomenknuffelaar-ik-wil-vrienden-worden-met-de-bomen~vabda277d/>

## SECONDARY ART-RELATED ACTIVITIES

- 2020 - -- Agent for iii agency  
<https://instrumentinventors.org/> On-going
- 2016 - Ambassador Antarctic Biennale  
2018
- 2010 - -- Curator of Exhibitions/projects/events  
On-going



Reading to the River, 2020



Reading to the River, 2020



Reading to the River, 2020



Reading to the River, 2020



Reading to the River, 2020





Reading to the River, 2020



Reading to the River, 2020



Reading to the River, 2020



Becoming Tree, 2019  
performance



The Cabbage is Present, 2019  
performance

